

# NEVER ENOUGH

*The Truth About Giving Everything to People Who Cannot Be Satisfied*

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By Paul Mothapo

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You can build them a house, buy them clothes, give them money and do all sorts but it still never feels enough. The moment you fail to fulfill something they expected, they feel like you have changed on them. Like you are no longer supportive. Like everything you did before counts for nothing.

What most people do not understand is that **when you give consistently at a high level, the giving stops being a gift.** It becomes an obligation in their minds. Their baseline shifts. What was once extraordinary becomes the new normal. And the new normal is never enough either because the expectation simply moves further up each time you meet it.

**The more you provide, the more you remove their need to struggle. And without struggle, people do not value what they have.** They did not work for the house so the house means less than it should. They did not earn the money so the money disappears without thought. You carried all the weight and in carrying it you accidentally taught them that the weight does not exist.

What makes it worse is that they are not always doing this deliberately. The shift happens quietly. Their perception of you gets anchored to your giving. **You are no longer a person to them. You are a function.** And the moment you stop functioning at the level they expect, you have not just said no. In their eyes you have broken a promise you never actually made.

The painful part is that they will still feel deprived. Not compared to what they had before you. Compared to the standard you set. Relative to your generosity, anything less feels like abandonment. **They will call it betrayal. They will say you have changed.** What they will not say because they cannot see it is that they stopped seeing you a long time ago. They see the house. They do not see what it cost you to build it.

*"You were never fixing anything. You were just postponing their disappointment."*

Here is the truth nobody wants to say out loud. **You cannot fill an internal void with external things.** The house, the clothes, the money, none of it touches what is actually broken inside a person who can never be satisfied. That emptiness has nothing to do with what you gave them. It existed before you arrived. It will exist long after you stop. You were never fixing anything. You were just postponing their disappointment.

**Some people are not waiting to be grateful. They are waiting for you to fail them.** Because failure confirms what they already believe. That nothing lasts, that no one truly cares, that support was never real. Your generosity was never going to win. It was only ever delaying the inevitable. And the day you finally stop, they will not remember a single thing you gave. They will only remember that you stopped.

**The most dangerous thing about giving too much is what it does to you.** You stretch yourself to provide. You sacrifice things nobody sees. You go without so they do not have to. And in return you get expectation, then entitlement, then resentment when you cannot keep up. You end up poorer in every sense while they stand in the house you built and wonder why you are not doing more.

Set the boundary not because you stopped caring. Set it because **continuing to give to someone who cannot appreciate it is not generosity.** It is self destruction dressed up as loyalty.

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## About the Author

**Paul Mothapo**

*Paul Mothapo is a human, just like you. Nothing more to say and nothing less to say.*